



Summer Styling: Hot Weather Hair Trends

Warm weather and higher humidity can wreak havoc with your hair. Whether your hair is short or long, wavy, curly or straight, here are a few tips and tricks to employ when it looks like your mane may be headed into total rebellion.

Super-short hair

With short hair, whether it's wavy or stick-straight, all you need is the right product. A body-building gel can help maintain your style and keep your hair from going limp and flat. Take a dime-sized amount of gel, rub between your palms and apply to damp hair starting close to scalp, working your way to the ends. Gel works best on short hair because you're not looking for movement as much as you are control.

Medium-length styles

If you work with humidity rather than against it, you can really give your hair some movement and bounce. Loose waves are a popular look this season, which you can get by literally twirling sections of damp hair into place with your fingers. Just shampoo and rinse. Part your damp hair in one-inch square sections, apply a defining product to the area and twirl hair in the direction it naturally wants to go around your finger. Let it set for

10 minutes. When the hair dries, you "comb" your waves lightly with your fingers.

Long hair

If you have long hair, you can have fun with some of the summer's runway-inspired ponytails. Just take a section of hair from each temple, secure with bobby pins and smooth the rest into a sleek ponytail. Then take the strands that you pulled back from your temples, pull it straight up, tease it to your desired height and secure back down with bobby pins.

For naturally straight hair, try a chic, thick headbands or wide headband a la Jackie O. Just shampoo and dry hair upside down to add body, then choose a band at least two inches wide, place it on top of the head and secure it in the back with a bobby pin if you need to. It's also a good idea to use a clarifying shampoo that won't weigh your hair down. **HB**

Paul Pina specializes in precision hair cutting and color correction (Goldwell and Aveda). He can be reached Salon Ambiance located at 5075 Warner Avenue, Suite 101 in Huntington Beach or by phone (714) 846-5900 or cell (562) 594-5954. Mention this article for 20% off any service. (highlight this sentence in a color)

